




St Mary's Horsforth – Personal Development Knowledge Organiser – Year 1 – Autumn 1



PSHE and Relationship Education	Mindmate	Character Education
Keeping safe and managing risk: fun times Drug alcohol and tobacco education: what do we put into our bodies?	Life changes – New school/class What should I already know?	Respect/ Courtesy & Thankfulness,
What should I already know?	What should I already know?	What should I already know?
ELG 06 <ul style="list-style-type: none"> Children are confident about trying new activities and say why they like some activities more than others. They say when they do or do not need help. 	ELG 07 <ul style="list-style-type: none"> Talk about how they and others show feelings. Know that some behaviour is unacceptable. Work as part of a group and understand and follow rules. Adjust their behaviour to different situations and take changes in routine in their stride. 	<ul style="list-style-type: none"> I know what the school and classroom rules are. Why we have rules? I can name some beautiful things in our world. I know how to use my senses. I know when and how to say thank you.
ELG 05 <ul style="list-style-type: none"> The importance for good health of physical exercise and a healthy diet. Ways to keep healthy and safe. Manage their own basic hygiene and personal needs successfully. 		
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> Safety in familiar situations. About personal safety. About people who help keep them safe outside the home. 	<ul style="list-style-type: none"> Learn how to communicate their feelings about new experiences to others. Recognise how others show feelings & know how to respond. 	<ul style="list-style-type: none"> How school and classroom rules help us to treat everyone with respect and courtesy. I can tell you some beautiful things I can see, hear, smell, taste or touch. To say thank you when someone shares with me. To recognise the simple things in life that God has created. To thank God for the gifts and talents he has given me.
<ul style="list-style-type: none"> About what can go into bodies and how it can make people feel. About what can go on to bodies and how it can make people feel. 		
Key Vocabulary	Key Vocabulary	Key Vocabulary
Safe places, safe people, safe, outside, inside	Feelings, experiences, new, response, others	Thank you, please, share, gifts, senses, talents
Recommended books	Recommended books	Recommended books




St Mary's Horsforth – Personal Development Knowledge Organiser – Year 1 – Autumn 2



PSHE and Relationship Education	Mindmate	Character Education
Mental health and emotional wellbeing: feelings	Friends and Family – Recognise how others show feelings and how to respond.	Hope and Patience
What should I already know?	What should I already know?	What should I already know?
ELG 07 <ul style="list-style-type: none"> • Talk about how they and others show feelings. • Know that some behaviour is unacceptable. • Work as part of a group and understand and follow rules. • Adjust their behaviour to different situations and take changes in routine in their stride. 	ELG 07 <ul style="list-style-type: none"> • Talk about how they and others show feelings • Know that some behaviour is unacceptable. • Work as part of a group and understand and follow rules. • Adjust their behaviour to different situations and take changes in routine in their stride. 	<ul style="list-style-type: none"> • I know it is alright to make mistakes. • I know things I am good at. • I can wait patiently. • I know how to show gentleness.
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> • About different types of feelings. • About managing different feelings. • About change or loss and how this can feel. 	<ul style="list-style-type: none"> • Identify & talk about times when people feel happy. • Learn to communicate their feelings to others. • Recognise how others show feelings & know how to respond. 	<ul style="list-style-type: none"> • I can trust in God and he will help me. • To show self-control and react calmly when things are difficult. • To show gentleness when people make mistakes. • To stay calm when we make mistakes. • To wait patiently for everyone.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Feelings, happy, sad, cross, upset, disappointed, excited, change, loss	Identify, happy, feelings, recognise, others	Gentleness, mistakes, calm, patient, self-control
Recommended books	Recommended books	Recommended books
		

St Mary's Horsforth – Personal Development Knowledge Organiser – Year 1 – Spring 1

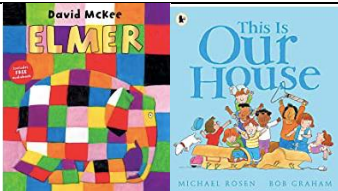




PSHE and Relationship Education	Mindmate	Character Education
Created to Love Others Created to live in community	Feeling good and being me - Recognise feelings	Faith and Simplicity
What should I already know?	What should I already know?	What should I already know?
<p>ELG 07</p> <ul style="list-style-type: none"> Talk about how they and others show feelings Know that some behaviour is unacceptable. Work as part of a group and understand and follow rules. <p>Adjust their behaviour to different situations and take changes in routine in their stride.</p>	<p>ELG 07</p> <ul style="list-style-type: none"> Talk about how they and others show feelings Know that some behaviour is unacceptable. Work as part of a group and understand and follow rules. Adjust their behaviour to different situations and take changes in routine in their stride. 	<ul style="list-style-type: none"> I know that faith helps people. I know that the Bible is a book of faith for Christians. I know that the world is full of amazing and wonderful things and I should try to look after these things.
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> We are all individually created by God to love and serve him. We are part of God's family. Identify 'special people'. Recognise and respond when people are unkind. Characteristics of positive relationships. 	<ul style="list-style-type: none"> Develop a vocabulary to describe their feelings to others & simple strategies for managing feelings. Think about themselves & the different feelings. 	<ul style="list-style-type: none"> I know that people have faith I know that people have different Faiths. I can tell you some of amazing and wonderful things in our world that I need to help look after.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Unkind, positive, relationships, God's family	Feelings, managing feelings, angry, sad, happy, excited, worried	Faith, simplicity, different
Recommended books	Recommended books	Recommended books
		

St Mary's Horsforth – Personal Development Knowledge Organiser – Year 1 – Spring 2



PSHE and Relationship Education	Mindmate	Character Education
Created to Love Others Created to live in community	Strong emotions – recognise what is fair/unfair, right/wrong	Charity and Forgiveness
What should I already know?	What should I already know?	What should I already know?
<p>ELG 07</p> <ul style="list-style-type: none"> • Talk about how they and others show feelings. • Know that some behaviour is unacceptable. • Work as part of a group and understand and follow rules. • Adjust their behaviour to different situations and take changes in routine in their stride. 	<p>ELG 07</p> <ul style="list-style-type: none"> • Talk about how they and others show feelings. • Know that some behaviour is unacceptable. • Work as part of a group and understand and follow rules. • Adjust their behaviour to different situations and take changes in routine in their stride. 	<ul style="list-style-type: none"> • I know that everyone is special and different. • I understand what a friend is and how to be a friend.
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> • To understand safe and unsafe situations, including online. • How to resist pressure in unsafe situations. • Privates are private. • That God is love. • To know what a community is, and that God calls us to live in community with one another. 	<ul style="list-style-type: none"> • Recognise what is fair & unfair, kind & unkind. • Recognise what is right & wrong. • Learn what to do when someone is unfair or unkind. 	<ul style="list-style-type: none"> • I know the commandment 'Love One Another as I have loved you.' • That saying sorry is one way of making amends.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Safe, unsafe, pressure, community, private	Fair, unfair, kind, unkind, right, wrong, choices	Charity, forgiveness, sorry, friend, commandment
Recommended books	Recommended books	Recommended books

PSHE and Relationship Education	Mindmate	Character Education
Identity, society and equality – Me and others	Being the same, being different – Celebrating differences	Resilience/Perseverance and Kindness
What should I already know?	What should I already know?	What should I already know?
<p>ELG 08</p> <ul style="list-style-type: none"> • Play cooperatively, taking turns with others. • Take account of one another's ideas and how to organise their activity. • Show sensitivity to others' needs and feelings • Form positive relationships with adults and other children. 	<p>ELG 06</p> <ul style="list-style-type: none"> • Children are confident about trying new activities and say why they like some activities more than others. <p>ELG 08</p> <ul style="list-style-type: none"> • Take account of one another's ideas and how to organise their activity. • Show sensitivity to others' needs and feelings. 	<ul style="list-style-type: none"> • I know I can try again. • I know it is alright to make mistakes. • I know I can ask for help. • I know everything is part of God's creation. • I know that everybody is part of God's creation.
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> • About what makes themselves and others special. • About roles and responsibilities at home and school. • About being co-operative with others. 	<ul style="list-style-type: none"> • Recognise that everyone is different. • Begin to learn about empathy. 	<ul style="list-style-type: none"> • I know that there are challenges. • I know that I must try not to give up. • I know that it is good to be kind. • I know ways I can be kind to everybody because they are part of God's creation.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Special, difference, roles, responsibilities, cooperative	Difference, empathy, feeling, recognise	Perseverance, kindness, resilience, creation, challenges
Recommended books	Recommended books	Recommended books
		

St Mary's Horsforth – Personal Development Knowledge Organiser – Year 1 – Summer 2



PSHE and Relationship Education	Mindmate	Character Education
Physical health and wellbeing: Fun times.	Solving problems/ Making it better: Setting goals and targets	Honesty and Service
Careers, financial capability and economic wellbeing - My money		
What should I already know?	What should I already know?	What should I already know?
<p>ELG 05</p> <ul style="list-style-type: none"> The importance for good health of physical exercise and a healthy diet. Ways to keep healthy and safe. 	<p>ELG 06</p> <ul style="list-style-type: none"> Children are confident about trying new activities and say why they like some activities more than others. Children are confident speaking in a familiar group, will talk about their ideas and will choose the resources they need for their chosen activities. They say when they do or do not need help. 	<ul style="list-style-type: none"> I know the importance of telling the truth. I know ways to help others.
<p>ELG 08</p> <ul style="list-style-type: none"> Show sensitivity to others' needs and feelings. Form positive relationships with adults and other children. 		
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> About food that is associated with special times, in different cultures. About active playground games from around the world. About sun-safety. 	<ul style="list-style-type: none"> Learn how to play & work co-operatively with others. Understand that people often need to play / work together to reach a shared outcome. 	<ul style="list-style-type: none"> I know that it is important to tell the truth even when it is difficult. I know that service can bring joy to myself and others.
<ul style="list-style-type: none"> About where money comes from and making choices when spending money. about saving money and how to keep it safe About the different jobs people do. 		
Key Vocabulary	Key Vocabulary	Key Vocabulary
Food, cultures, active, play, sun safe	Cooperative, others, shared outcome, play, work	Honesty, Service, CAFOD, truth
Money, spending, saving, jobs, banks		
Recommended books	Recommended books	Recommended books
