

St Mary's Horsforth – Personal Development Knowledge Organiser – Year 2 – Autumn 1



PSHE and Relationship Education	Mindmate	Character Education
Physical health and wellbeing: What keeps me healthy?	Celebrating strengths	Respect, courtesy and thankfulness
What should I already know?	What should I already know?	What should I already know?
<ul style="list-style-type: none"> • Food that is associated with special times in different cultures. • Active playground games from around the world. • How to stay safe in the sun. 	<ul style="list-style-type: none"> • Develop a vocabulary to describe their feelings to others & simple strategies for managing feelings. • Think about themselves & the different feelings. 	<ul style="list-style-type: none"> • I know that the school and classroom rules • Some beautiful things I can see, hear, smell, taste or touch. • To say thank you • To be thankful to God for the gifts he has given me.
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> • How to eat well. • The importance of physical activity, sleep and rest. • People who help us to stay healthy and well. • Basic health and hygiene routines. 	<ul style="list-style-type: none"> • Learn from their experiences. • Recognise & celebrate their strengths. • Set simple but challenging goals. 	<ul style="list-style-type: none"> • I know our classroom and school rules and how they help us. • I know how rules are important and help us 'get on' together. • I can tell you how we follow our rules. • I can say thank you when someone shares with me. • I can recognise the simple things in life that God has created. • I can thank God for the gifts and talents he has given me.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Diet, healthy, choices, food, active, physical, oral health, hygiene	Celebrate, strengths, challenging, goals	Respect, courtesy, thankfulness, rules, simple, senses
Recommended books	Recommended books	Recommended books

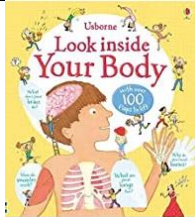
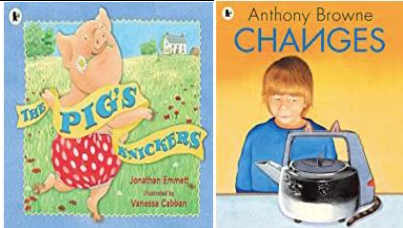

St Mary's Horsforth – Personal Development Knowledge Organiser – Year 2 – Autumn 2



PSHE and Relationship Education Mental Health and emotional wellbeing: Friendship	Mindmate Friends and family	Character Education Prayer and Generosity
What should I already know?	What should I already know?	What should I already know?
<ul style="list-style-type: none"> About different types of feelings. About managing different feelings. About change or loss and how this can feel. 	<ul style="list-style-type: none"> Identify & talk about times when people feel happy. Learn to communicate their feelings to others. Recognise how others show feelings & know how to respond. 	<ul style="list-style-type: none"> When I pray it helps me think of God. That I can learn to pray with my body and special objects, by listening, speaking and resting. I can express my feelings and consider the feelings of others. To understand the joy of giving.
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> About the importance of special people in their lives. About making friends and who can help with friendships. About solving problems that might arise with friendships. 	<ul style="list-style-type: none"> Recognise how their behaviour affects other people. Understand the importance of being co-operative with others. 	<ul style="list-style-type: none"> How to reflect when praying. How to grow in friendship with God. I can notice when someone needs help. I can think of others before myself.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Special, people, friends, solve, problems, friendship, importance	Behaviour, affect, cause, importance, cooperating, friends, family	God, prayer, listen, speak, reflect, generous, giving, helping
Recommended books	Recommended books	Recommended books

St Mary's Horsforth – Personal Development Knowledge Organiser – Year 2 – Spring 1



PSHE and Relationship Education Created and Loved by God Me, my body and Health	Mindmate Life changes	Character Education Faith & Simplicity
What should I already know?	What should I already know?	What should I already know?
<ul style="list-style-type: none"> We are all individually created by God to love and serve him We are part of God's family I can identify 'special people' I can recognise and respond when people are unkind I know the characteristics of positive relationships 	<ul style="list-style-type: none"> Learn how to communicate their feelings about new experiences to others. Recognise how others show feelings & know how to respond. 	<ul style="list-style-type: none"> I know that people can have Faith. I know that people have different Faiths. I can tell you some of amazing and wonderful things in our world that I need to help look after.
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> We are all individually created by God to love and serve him. To learn that we are unique, with individual gifts, talents and skills. Girls and boys have been created by God to be both similar and different. Names for parts of bodies. Our bodies are a special gift from God that they need to look after. 	<ul style="list-style-type: none"> Learn about change & loss & the associated feelings (including moving home, losing toys, pets or friends). Understand how it feels to lose something special. Describe times when people might feel loss. 	<ul style="list-style-type: none"> I understand Faith helps us to Trust in God. I know that people have different Faiths and they people feel strength from their faith. I know that the world is full of amazing and wonderful things and I can share these. I know that I must develop an effective, caring relationship with the planet. There are different points of view.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Talents, gifts, special, unique	Loss, feeling, change, losing, special	Faith, simplicity, bible
Recommended books	Recommended books	Recommended books
		

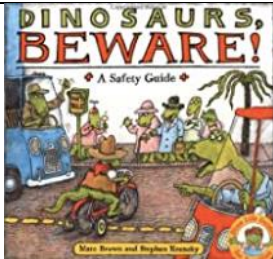


St Mary's Horsforth – Personal Development Knowledge Organiser – Year 2 – Spring 2



PSHE and Relationship Education	Mindmate	Character Education
Created and Loved by God Created to live in community	Strong emotions	Charity & Forgiveness
What should I already know?	What should I already know?	What should I already know?
<ul style="list-style-type: none"> To understand safe and unsafe situations, including online. How to resist pressure in unsafe situations. Privates are private. That God is love. To know what a community is, and that God calls us to live in community with one another. 	<ul style="list-style-type: none"> I can recognise what is fair & unfair, kind & unkind. I know what is right & wrong. I know what to do when someone is unfair or unkind. 	<ul style="list-style-type: none"> I know the commandment 'Love One Another as I have loved you.' I understand that saying sorry is one way of making amends.
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> That we all have different 'tastes'. Our good actions can 'form' our feelings and our character. Simple strategies for managing feelings and for good behaviour. That we have a duty of care for others and for the world we live in (charity work, recycling etc). 	<ul style="list-style-type: none"> Describe how it feels to be sad/unhappy. Express & share feelings of unhappiness. 	<ul style="list-style-type: none"> I know that everyone is special and different. I know the commandment 'Love One Another as I have loved you.' I know that Charity is an act of love. I know that with God's love I can change.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Different, tastes, behaviour, character	Sad, express, share, feelings, unhappy, emotions.	Charity, forgiveness, commandment, sorry, amends.
Recommended books	Recommended books	Recommended books

St Mary's Horsforth – Personal Development Knowledge Organiser – Year 2 – Summer 1



PSHE and Relationship Education	Mindmate	Character Education
Keeping safe and managing risk: Indoors and outdoors	Being the same, being different	Resilience/Perseverance and Kindness
What should I already know?	What should I already know?	What should I already know?
<ul style="list-style-type: none"> • Safety in familiar situations. • About personal safety. • About people who help keep them safe outside the home. 	<ul style="list-style-type: none"> • Recognise that everyone is different. • Begin to learn about empathy. 	<ul style="list-style-type: none"> • I know that there are challenges. • I know that I must try not to give up. I know I can make mistakes. • I know that it is good to be kind. • I know ways I can be kind to everybody because they are part of God's creation. •
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> • About keeping safe in the home, including fire safety. • About keeping safe outside • About road safety. 	<ul style="list-style-type: none"> • To start to understand empathy. • Start to empathise with others & how they may be feeling. 	<ul style="list-style-type: none"> • I know when we persevere people can depend on us to finish what we start. • I know I can improve. • I keep trying and don't give up. • I know we are called to be kind to others because God is kind to us.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Safe, fire, road, responsibility.	Understand, empathy, feeling.	Resilience, perseverance, kindness, improve
Recommended books	Recommended books	Recommended books
		

St Mary's Horsforth – Personal Development Knowledge Organiser – Year 2 – Summer 2



PSHE and Relationship Education	Mindmate	Character Education
Drug, alcohol and tobacco education: Medicines and me	Solving problems/ Making it better	Honesty and Service
What should I already know?	What should I already know?	What should I already know?
<ul style="list-style-type: none"> About what can go into bodies and how it can make people feel. About what can go on to bodies and how it can make people feel. 	<ul style="list-style-type: none"> Learn how to play & work co-operatively with others. Understand that people often need to play / work together to reach a shared outcome. 	<ul style="list-style-type: none"> I know that it is important to tell the truth even when it is difficult. I know that service can bring joy to myself and others.
What will I know at the end of the unit?	What will I know at the end of the unit?	What will I know at the end of the unit?
<ul style="list-style-type: none"> Why medicines are taken. Where medicines come from. About keeping themselves safe around medicines. 	<ul style="list-style-type: none"> Learn how to play & work co-operatively with others. Understand that people often need to play / work together to reach a shared outcome. Reflect on & celebrate our achievements. Identify their strengths & areas for improvements. 	<ul style="list-style-type: none"> To speak with kindness when I am honest. That giving our time is part of serving others.
Key Vocabulary	Key Vocabulary	Key Vocabulary
Medicine, drugs, safe, illness.	Perseverance, cooperative, shared outcome, reflect, celebrate.	Honesty, service, helpful, dishonest
Recommended books	Recommended books	Recommended books
