

# Knowledge Organiser: Volleyball Year 5 and Year 6

#### Links to the PE National Curriculum

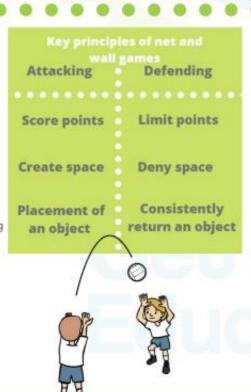
- They should enjoy communicating, collaborating and competing with each other.
- They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- Pupils should be taught to use running, jumping, throwing and catching in isolation and in combination.
- Pupils should be taught to play competitive games, modified
  where appropriate [for example badminton, basketball, cricket,
  football, hockey, netball, rounders and tennis], and apply basic
  principles suitable for attacking and defending.

#### Key Skills: Physical

- Ready
- · position Serve
- · Volley
- Set
- Dig

#### Key Skills: S.E.T

- · Social: Communication
- · Social: Respect
- Social: Supporting and encouraging others
- Emotional: Confidence
- Emotional: Perseverance
- Emotional: Honesty
- . Thinking: Using tactics
- Thinking: Selecting and applying
  elile
- Thinking: Identifying strengths and areas for development



## A rally is won when:

- The ball is not returned over the net within three hits.
- The receiving team lets the ball hit the ground.
- A player makes contact with the net.
- The ball lands outside the court area.
   A player touches the ball twice in a
- LOM

return

### Rotation and scoring:

- One team starts with service and the pupil who is at the back on the right starts with the serve.
- That pupil continues to serve for their team until they lose a rally.
- If the non-serving team wins the rally, they win the right to serve but not the point.
- Players rotate clockwise after winning the right to serve

## Key Vocabulary:

control serve

dig

co-operatively defensive

doronorro

deep ready position

consistently

volley

set

opponent

attack

# **Teacher Glossary**

Attack: The offensive action of hitting the ball.

Baseline: The line indicating the back of the court.

**Deep:** Refers to sending the ball away from the net, toward the baseline of the opponent's court.

Serve: An action to put the ball into play.

**Ready position:** The stance a player takes to get ready to move. Feet shoulder width apart, knees bent.

**Dig:** A defensive move used to keep the ball from hitting the floor after an opponent makes a hard downward hit.

Volley: A return of the ball before it touches the ground.

Set: An overhead contact of the ball, usually the second contact in a rally.